

BODYNSOUL

Waxing Treatments

Pre / Aftercare Advice

- ✓ Do not undertake any heat treatments before or after 48 hours of having a waxing treatment.
- ✓ Stay away from direct sunlight for 48 hours after having a waxing treatment.
- ✓ Avoid perfumed products for 24 hours after waxing, then after 24 Hours it is vital that you use a good quality moisturiser to ensure effective waxing and as a preventative to ingrown hairs.
- ✓ Avoid tight clothing for 24 hours.
- ✓ To maximise results, book-in for regular treatments and do not shave between treatments.
- ✓ Ensure hair growth is a minimum of 1cm for effective hair removal.
- ✓ To prevent in-growing hairs use an exfoliator, especially 3 days before your waxing treatment.
- ✓ If you are a first time waxer you must allow a minimum of 4 treatments before you notice the benefits of waxing such as finer hair growth.
- ✓ Please advise if you are taking any medication for a skin condition such as ro-accutane as this can affect treatment.